



LYMINGTON TOWN SAILING CLUB

RS Aero UK Womens Championship Lymington Town SC, Bath Road, Lymington Sunday 7th July 2024

Sailing Instructions

Predicted Tides - BST	High Water Lymington	Low Water Lymington
7 th July 2024	14:53hrs 3.0m	18:22hrs 1.0m

1.0 RULES

1.1 Competitors shall comply with the RYA Racing Charter.

www.rya.org.uk/racing/charter.

Competitors sailing under the charter are expected:

- a) to show courtesy and respect to other competitors, officials and to other users of the water; to compete in compliance with the rules and to take a penalty when required by the rules:
 - b) Use the provided services to resolve disputes.
- 1.2** International Regulations for the Prevention of Collision at Sea apply when meeting a vessel not racing. Particular attention is drawn to IRPCAS 9(b) "A vessel of less than 20 metres length or a Sailing Vessel shall not impede the passage of a vessel, which can safely navigate only within a narrow channel or fairway".
- 1.3** No boat whilst sailing out of the river or returning from a race shall deliberately impede the passage of the Lymington / Yarmouth Wightlink Ferry, any boat so doing may commit a gross breach of a rule and/or be held to bring the sport into disrepute for the purposes of RR 69.

2.0 NOTICES TO COMPETITORS

- 2.1** There will be a Race Briefing at 09:45hrs located in front of the Clubhouse
- 2.2** Notices to competitors will be posted on the Official Notice Board outside the entrance to the Clubhouse.

3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1** Any changes to the sailing instructions will be posted at 1.5 hours before the first start of the day that they take effect.

4.0 SIGNALS MADE ASHORE

- 4.1** Signals made ashore will be displayed on the club flagstaff.
- 4.2** When flag AP is displayed ashore the first warning signal will be made not less than 30 minutes after the flag is lowered.

5.0 SPARE

6.0 FORMAT OF RACES

- 6.1 The event will consist of a maximum of 5 races.
- 6.2 The warning signal for the first race will be **Sun 7th July 2024 at 10:55hrs**
- 6.3 Subsequent races will be sailed back to back.
- 6.4 No race will be started after 15:00hrs

7.0 CLASS STARTS & FLAGS –

- 7.1 There will be starts for the RS Aero 5 and RS Aero 6 Classes.
- 7.2 The flags used for the warning signal will be:
RS Aero 5 Numeral 5 on a Light Blue background
RS Aero 6 Numeral 6 on a Purple background
- 7.3 The warning signal of the second start will normally be 1 minute after the start of the previous race.
- 7.4 In the event of a general recall, the start sequence will continue and the recalled start will be made after the scheduled sequence. This changes RRS 29.2

8.0 RACING AREA

- 8.1 A chart showing the race area to be used will be posted on the Official notice board on the front of the Club House at least one hour before the first warning signal.

9.0 THE COURSES

- 9.1 Appendix 1 describes the course and shows diagrams of the marks and the order in which they are to be rounded.
- 9.2 The course to be sailed will be displayed as the letter P or S on the committee boat at the warning signal.
- 9.3 The number of laps to be sailed for each fleet will be displayed as a number on the committee boat at the warning signal.
- 9.4 Should an inner distance mark be used no boat may pass between the inner distance mark and the committee boat

10.0 MARKS

- 10.1 The colour and description of marks to be used are indicated in Appendix 1.

11.0 THE START – The Start marks are described in Appendix 1.

- 11.1 Races will be started by using RRS 26. (3, 2, 1, go).
- 11.2 An orange flag will be displayed along with a sound signal at least 5 minutes before the warning signal of the first start of each day.
- 11.3 The starting line will be between an orange flag on the committee boat at the starboard end and the course side of a port-end starting mark.
- 11.4 An inner limit mark may be laid, but not necessarily on the starting line. If laid, boats shall pass on the starting mark side of this inner limit mark when starting.
- 11.5 Boats may not pass between the inner limit mark and the committee boat at any time.
- 11.6 A boat starting later than 3 minutes after her starting signal may be scored DNS (Did not start) without a hearing. This changes RRS A4 and A5.

12.0 CHANGE OF NEXT LEG OF THE COURSE

- 12.1 To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position, or lay a new mark (of a different colour) and remove the original mark as soon as practical.
- 12.2 A boat will be positioned close to the mark starting the leg displaying a red or green flag to show whether the mark has moved to port or starboard when viewed

on that leg. It will make sound signals to draw attention to the change of course and the flag.

13.0 SHORTENING COURSE

- 13.1** Courses will be shortened in accordance with RRS 32.2
- 13.2** If the course is shortened at the completion of a lap, then the signals will be made on the committee boat.

14.0 THE FINISH

- 14.1** The Finishing line will be between the orange flag on the committee boat and a buoy flying a blue flag. This will be on the opposite side of the committee boat from the starting line..

15.0 TIME LIMITS

- 15.1** The time limit for the first boat shall be 50 minutes.
- 15.2** Boats failing to finish within a 10 minute finishing window after the first boat in her class sails the course and finishes may be scored Did Not Finish without a hearing. This changes RRS 35, A5.1 and A5.2
In addition to RRS 32, the race committee may also award a finishing score to a boat that is still racing by displaying to her from a committee vessel (which may be in motion) flag W with one sound signal. A boat so notified is no longer required to sail the course, shall stop racing and shall return to the starting area, or return ashore if there is no more racing. A finishing score under this sailing instruction will be the score she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. However, when two or more boats that are overlapped are notified, they will be scored as if they were tied. The decision by the race committee to use this procedure or not to use it shall not be grounds for requesting redress. This changes rules 60.1(b) and 62.1(a).
- 15.3** If the first boat fails to reach the first mark of the course within 20 minutes the race will be abandoned
- 15.4** The target time for the first boat is 20 minutes.

16.0 PROTESTS & REQUESTS FOR REDRESS

- 16.1** Protest forms are available from the sailing office at LTSC.
- 16.2** The protest time limit is 30 minutes after the last boat has returned ashore after the last race of the day or 30 minutes after flag AP over A is displayed ashore.
- 16.3** Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses.
- 16.4** Breaches of SIs 4.3, 5.1, 10.5, 17, 18, 19, 20 will not be grounds for protest by a boat. This changes RRS 60.1(a). Penalties for these breaches (and breaches of class rules) may be less than DSQ (Disqualification) if the jury so decides.

17.0 SCORING SYSTEM

- 17.1** One race is required to be completed to constitute a series.
- 17.2** When fewer than four races have been completed, a boat's series score will be the total of her race scores. This changes RRS A2.
- 17.3** When four or more races have been completed, a boat's series score will be the total of her race scores, excluding her worst score.

18.0 SAFETY REGULATIONS

- 18.1** RRS 40.1 shall apply at all times while afloat. (Personal buoyancy must be worn)
- 18.2** Competitors should be aware of the times of tide changes and be prepared for changing conditions as the wind, tide, weather and sea state can quickly change in the Solent,

- 18.3** A sign on/off system will be in operation – competitors shall sign off before going afloat and sign on upon returning to shore at the earlier of 15 minutes of coming ashore and the protest time limit. Failure to comply with this requirement will result in a fine penalty.
- 18.4** Boats returning ashore before the end of the last race of the day should notify the race officer or a safety boat and if this is not practical shall contact the race office as quickly as possible on arrival ashore.
- 18.5** Attention is drawn to RRS Fundamental Rule 1 “Helping those in danger” Boats (racing or otherwise should stand by a capsized or disabled boat unless it is clear that no assistance is required. Redress may be requested. (RR62.1(c))

19.0 TRASH DISPOSAL

RRS 55 is at the discretion of the Race Management Team and may be less than disqualification. As sailors, we seek to protect and restore our oceans and coastal waters. Boats shall not intentionally put trash in the water. Trash may be placed aboard support and officials boats. The penalty for breaking RRS 55 is at the discretion of the Race Management Team and may be less than disqualification.

20.0 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

21.0 INSURANCE

Boats must be adequately insured, with cover of at least £2 million, or the equivalent, against third party claims.

22.0 DISCLAIMER OF LIABILITY

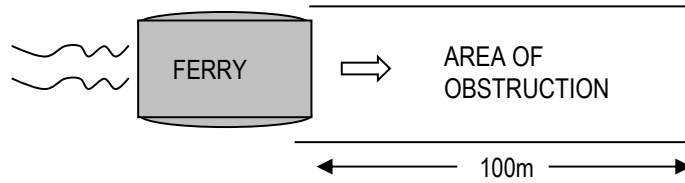
RRS 4 of the Racing Rules of Sailing states: ‘The responsibility for a boats decision to participate in a race or to continue racing is hers alone’.

Sailing is by nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.

23.0 AREA OF OBSTRUCTION – FERRY

For the purposes and SI 1.3 an area of obstruction shall extend 100 metres in front of a ferry underway in its direction of motion or intended motion with a width equal to the beam of the ferry.

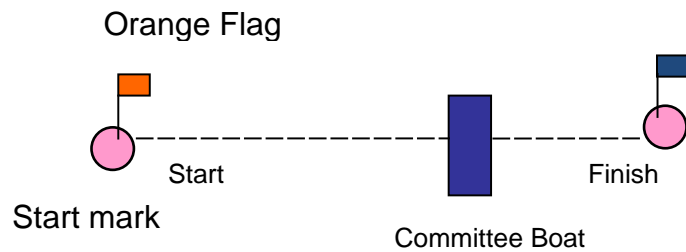
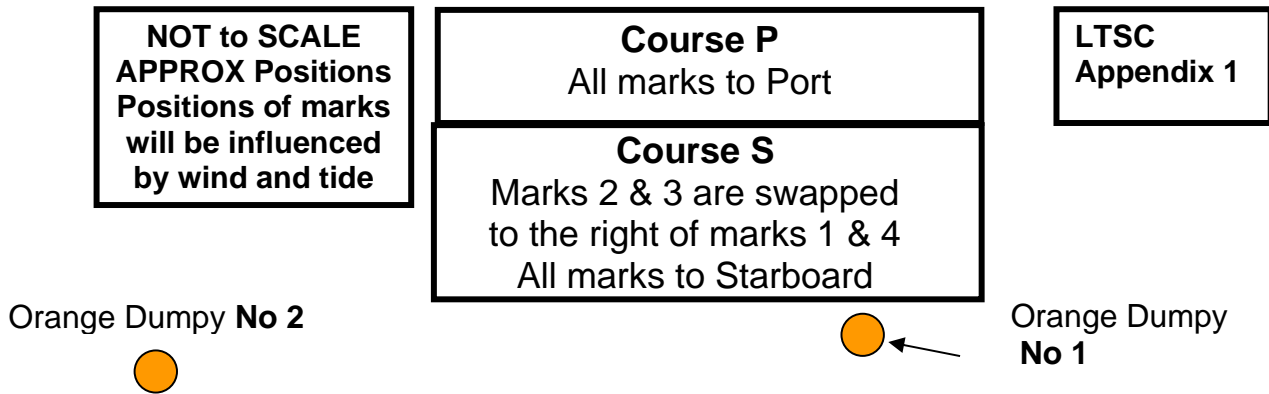


24.0 ROCK WAVE BARRIERS

There are two rock wave barriers in the river protecting the marshes. When leaving and returning into the river boats must pass to the east of the barrier and its yellow marks on the western side and to the west of the barrier and its yellow marks on the eastern side.

APPENDIX 1

LYMINGTON TOWN SAILING CLUB



Orange Dumpy **No 3**



Orange Dumpy **No 4**



Courses (see also notes below)

Course P,
Start, **Lap:** 1(p), 2(p), 3(p), 4(p), finish gate
Course S,
Start, **Lap:** 1(s), 2(s), 3(s), 4(s), finish gate

Note: the committee boat will be on the starboard end of the starting line for both course P & course S
For course S, marks 2 & 3 will be swapped to the right of marks 1 & 4

Committee boat will display
Course = S or P
Number of laps e.g **P3**
At the warning signal