

LTSC SAILING AND WATERSPORTS ACTIVITIES 2025 - included in membership unless cost shown

JUNIORS

| Activity | Age range/ experience | When | Location & cost | Details |
|-----------------|--------------------------|---|--|--|
| Fishes | Age 3 Plus | Saturday Morning 08.00 to 09.00 £5 (Payable to Hello Outdoors) | Sea Water Baths | Build On Water confidence with a focus on play, fun and on water familiarization with an objective of moving into 'Seals' Operated by "Hello Outdoors" (located river side of LTSC club house) LTSC Contact: Gareth Griffiths – 07597 039753 |
| Seals | Age 5 Plus | Saturday Morning 11.00 to 13.00 | Salterns £55 per year | For children who have gained some experience and understanding of the basics, develop familiarity and confidence with water and the equipment. Focus is still on fun, play and developing communication and enjoyment of water activities with an objective of moving into 'Dolphins'. Can lead to RYA 1 & 2 Qualifications Contact: Vacant – needs Parent Co-Ordinator |
| Dolphins | Age 6 Plus | Saturday Morning 11.00 to 13.00 | Salterns £55 per year | For children age 6 upwards. Developing further the understanding learnt from 'Seals', increasing participants sailing skills, independence, determination, communication and teamwork. Can lead to RYA 1 & 2 Qualifications. From here children have the opportunity of moving onto river/Solent sailing at Lymington and gaining RYA stage 3 & 4 qualifications. Contact: Vacant – needs Parent Co-Ordinator |
| Bronze + Silver | Age 7 Plus | Saturday Morning 09.00 to 12.00 | River/Solent £40 per 4 week block of sessions | Introduce children to open water river/Solent sailing, increasing both independence, communication and teamwork whilst ensuring fun and enjoyment for all. Focus on developing sailing skills in line with delivering RYA 2 & 3 Qualifications. See LTSC Newsletter and www.ltsc.co.uk/training for details Contact: training@ltsc.co.uk Book at: https://office.ltsc.co.uk/booking/type/training |

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| Gold (see Saturday Sailing) | Age 10 Plus | Saturday Afternoon 13.00 | River/Solent No charge | In 2025 this group will be combined with “Saturday Sailing” with support of safety Rib/s. Club Dinghies are available, allocation in liaison with the Saturday Sailing Supervisor. |
| Class 4 Racing | Improvers to Advanced | Wednesday Evenings From 17.00 | River/Solent | Part of our regular Wednesday Evening racing series, but designed with our junior sailors and other less speedy boats in mind. Dedicated Rib and with DI support. Parental Declaration form required. Participants to Sign and Sign Off – forms adjacent to Changing Rooms. Club Dinghies can be booked at the normal rates. Book at: https://office.ltsc.co.uk/booking/resource/club-boats |
| Adult RYA Courses Levels 1-3 | Age 18 plus | As advertised on the website | LTSC River/Solent | Qualified RYA instructors run RYA level 1-3 courses on weekdays throughout the season. These require booking and are chargeable. Please contact training@ltsc.co.uk for more details. |
| Junior RYA Stages 1-4 | Age 8 Plus | As advertised on the website | LTSC River/Solent | Qualified RYA instructors run RYA Stage 1-4 courses on weekday afternoons throughout the season. These require booking and are chargeable. Please contact training@ltsc.co.uk for more details. |

Kids Half Term & Holiday Sailing Camps

| Activity | Who | When | Location | Details |
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| Easter – Youth Seamanship Skills Course | Age 10-14 | w/c 7 th April w/c 14 th April | Two days each week £130 per child | Please contact training@ltsc.co.uk for more details. |
| Kids Summer Sailing Camps – in collaboration with “Hello Outdoors” | Age 7 Plus | 5 weeks of sailing camps starting w/c 21 st July https://www.hellooutdoors.co.uk/kids-camps | LTSC River/Solent £385 per week | Summer Sailing Camps are run in association with “Hello Outdoors”, located adjacent to the LTSC club house. The five day sailing camp is designed for all abilities, from complete beginners to those looking to develop their skills further. |

ADULTS AND FAMILIES

Dinghy Sailing

| Activity | Who | When | Location | Details |
|---------------------------------------|----------------------------------|---|-------------------|--|
| Try Sailing Taster Sessions | Families & Adults | As arranged – Enquire to LTSC Training | LTSC River/Solent | A first time on the water or ‘get back into it session’ for 4 hours. Learn the basics of sailing from tacking to speed control and how to get back on land. Please contact training@ltsc.co.uk for more details. |
| Start Sailing – RYA Courses 1 to 3 | Families & Adults | Weekdays Enquire to LTSC training | LTSC River/Solent | Qualified RYA instructors run RYA level 1-3 courses on weekdays throughout the season. These require booking and are chargeable. Please contact training@ltsc.co.uk for more details. |
| “Saturday Sailing” | Adults + Juniors (Gold level) | April to October Meet at 13.00 on LTSC Lawn | LTSC River/Solent | Informal sailing and racing sessions, where members can helm or crew to gain experience. Club boats or your own boats can be used. Please contact training@ltsc.co.uk for more details. |
| Sailing Improver Sessions | Families & Adults | Saturday Morning 09.00 to 12.00 | LTSC River/Solent | Run by RYA qualified instructors with safety cover provided who can provide formal or informal coaching for those who already sail or are returning after a break. This is a paid for activity. Please contact training@ltsc.co.uk for more details. |
| Club Dinghy Racing | All | Wednesday Evenings and Sunday mornings | LTSC River/Solent | LTSC has an unrivalled reputation for dinghy racing, producing numerous national and international champion sailors. So, if your passion is dinghy racing experienced or not, we are the club for you. https://www.ltsc.co.uk/official-noticeboard |

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| Thursday "Get Afloat" Session | All | Thursday 0900-1230 £15 per session (minimum booking numbers required) | LTSC River/Solent | A morning session with an instructor covering anything from launching and landing, sailing confidence, racing and sailing technique. |
| Club boat familiarization and rigging | All | By request | LTSC River/Solent | A rigging session to introduce new and existing members to our club boats, rigging demonstrations and advice on how to get on the water using these boats. Contact: sailing@ltsc.co.uk |
| "Dangerous Girls" | All | Every Tuesday from April to October @18.00 | LTSC River/Solent | Each Tuesday from April - October a group of ladies meet at the sailing club rigged and ready at 18:00. Please contact haversgf@gmail.com for more information or https://www.ltsc.co.uk/dangerous-girls |

Cruising and Yacht Racing

| Activity | Who | When | Location | Details |
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| Yachting Informal | Adults | Wednesday and Saturday | LTSC – Solent area | We have a group who meet weekly known as 'The Meanderers' for an informal sail, lunch, the occasional drink and leisurely sail home. On weekends there will be similar Meanderer arrangements on regular dates March to November. Please contact sailing@ltsc.co.uk for more details. |
| Yachting Events | Families & Adults | As arranged | LTSC – locations around the south of England and France | LTSC organises a full schedule of yachting events, including cruises, rallies, and racing. Please contact sailing@ltsc.co.uk for more details. |
| Yacht Racing | All | Regular sessions – advertised when arranged | LTSC – Solent, IOW, south coast | The club organizes a series of yacht racing during the season including the Solent Circuit, which takes place for six weeks in October and November on Sunday mornings. |
| JLPSC RYA Yacht Training and recreational sailing | All | Regular sessions – advertised in the newsletters and website | LTSC – Solent, IOW, south coast | RYA Yacht Training courses including Day Skipper and Yacht Master Practical courses, provided through our relationship with the John Lewis Partnership Sailing Club. https://www.ltsc.co.uk/rya-yacht-training |

Training and Instructor Qualifications

| Qualification | Age | When | Location | Cost | Description |
|-----------------------------|---------|---|----------|---|---|
| Power Boat Level 2 | 13 Plus | Courses are run most weeks on Thursday and selected weekends. | LTSC | Members £250 Non-Members £310 (Minimum of 2) | The PB2 is an internationally recognized qualification that demonstrates the holder has attained a basic level of competence in handling a power boat. Please Contact training@ltsc.co.uk |
| Safety Boat Training Course | 13 Plus | As arranged | LTSC | Contact training@ltsc.co.uk for more details | This course aims to introduce the techniques used in powerboats escorting fleets of dinghies, windsurfers and canoes to provide safety and rescue cover. The course is intensely practical, using the club's RIBS, dinghies and other craft to show how to handle them when they are semi-submerged and heavy. Ropework applicable to escorting and rescuing boats is also taught and assessed. |
| Assistant Instructor | 13 Plus | As arranged | LTSC | Contact training@ltsc.co.uk for details | The first step in the RYA instructor training scheme, this course allows members to teach sailing to beginners at LTSC under supervision. This can lead to RYA Dinghy Instructor qualifications. |
| VHF | 13 Plus | As arranged | LTSC | Contact training@ltsc.co.uk for details | The RYA Marine Radio Short Range Certificate (SRC) is the minimum qualification required to operate marine VHF radio equipment in the UK. This includes both fixed and handheld equipment with and without Digital Selective Calling (DSC). |

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| First Aid | 13 Plus | As arranged | LTSC | Contact training@ltsc.co.uk for details | The default first aid training required for those holding any RYA instructor qualifications or commercial endorsements is the RYA First Aid course. This course is designed for the specific demands of providing first aid afloat. |
| Day Skipper Theory | | As arranged | LTSC | Contact training@ltsc.co.uk for details | A comprehensive introduction to chartwork navigation meteorology and the basics of seamanship. Invaluable for learning how to start making decisions on board and if you are considering taking the Day Skipper practical course. |
| Yacht Master Theory | | As arranged | LTSC | Contact training@ltsc.co.uk for details | The RYA Coastal Skipper/Yachtmaster theory is advanced training for more experienced skippers building on the Day Skipper course. The course will take your theory knowledge to the standard required for RYA Coastal Skipper/Yachtmaster. |
| Competent Crew | | As arranged | LTSC | Contact training@ltsc.co.uk for details | This is for beginners and those who would like to become active crew members rather than just passengers. By the end of the course you should be able to steer, handle sails, keep a lookout, row a dinghy and assist in all the day to day routines. |