

LYMINGTON TOWN SAILING CLUB

National Solo Southern Championships 2022

Sailing Instructions

Saturday 28th May 2022

Lymington Town Sailing Club
Bath Road, Lymington, Hampshire SO41 0TY
www.ltsc.co.uk Tel: 01590 674514 E-mail: office@ltsc.co.uk

1.0 RULES

1.1. The events will be governed by the 'rules' as defined in the current ISAF Racing Rules of Sailing (RRS), the RYA Prescriptions with the exceptions as detailed in these Sailing Instructions.

1.2 Competitors shall comply with the RYA Racing Charter.

www.rya.org.uk/racing/charter.

Competitors sailing under the charter are expected:

- a) to show courtesy and respect to other competitors, officials and to other users of the water; to compete in compliance with the rules and to take a penalty when required by the rules:
- b) Use the provided services to resolve disputes.

1.3 International Regulations for the Prevention of Collision at Sea apply when meeting a vessel not racing. Particular attention is drawn to IRPCAS 9(b) "A vessel of less than 20 metres length or a Sailing Vessel shall not impede the passage of a vessel, which can safely navigate only within a narrow channel or fairway".

1.4 No boat whilst sailing out of the river or returning from a race shall deliberately impede the passage of the Lymington / Yarmouth Wightlink Ferry, any boat so doing may commit a gross breach of a rule and/or be held to bring the sport into disrepute for the purposes of RR 69.

1.5 **Racing rules will be changed as follows**

1.5.1 RRS L4.2. (Signals Made Ashore SI 4.2)

1.5.2 RRS 33 (Changing the course during a race SI 11)

1.5.3 RRS 35 (Finishing boats after the time limit SI 14.2)

1.5.4 RRS 40 (Personal Flotation Devices SI 17.5)

1.5.5 RRS 62.1(a) (Target time not a reason for redress SI 14.3)

2.0 NOTICES TO COMPETITORS

- 2.1 Notices to competitors will be posted on the Official Notice Board at the entrance to the Clubhouse.

3.0 CHANGES TO SAILING INSTRUCTIONS

- 3.1 Any changes to the sailing instructions will be posted at 1.5 hours before the first start of the day that they take effect, except that changes to the schedule of races will be posted before 2000hrs on the day before it will take effect.

4.0 SIGNALS MADE ASHORE

- 4.1 Signals made ashore will be displayed on the club flagstaff.
- 4.2 when flag AP is displayed ashore the first warning signal will be made not less than 30 minutes after the flag is lowered.
- 4.3 Boats shall not leave the slipway if flag D is displayed.
- 4.4 Competitors shall wear personal buoyancy at all times when afloat, except briefly while adjusting clothing or personal equipment. Flag Y will not be displayed. This changes RRS40.

5.0 SCHEDULE OF RACES

- 5.1 Three back to back races are scheduled
- 5.2 The warning signal for the first race will be:

28th May 11:55hrs

6.0 CLASS FLAGS –

- 6.1 The Class flag for the Solo fleet will be Numeral pennant 1

7.0 RACING AREA

- 7.1 A chart showing the race area to be used will be posted on the Official notice board at least one hour before the first warning signal

8.0 THE COURSES

- 8.1 The Course will be displayed on the committee boat or alternatively on a board at the club house. If at the club house the course will be displayed at least 60mins before the first start. The club house course may vary from those in Appendix1
- 8.2 Appendix 1 describes the course and shows diagrams of the marks and the order in which they are to be rounded. Eg A3P = Course A, 3 laps, rounding to Port
- 8.3 The course to be sailed will be displayed as the letter A , B or C on the committee boat.
- 8.4 The number of laps to be sailed will be displayed as a number on the committee boat.
- 8.5 The direction of rounding will be displayed on the committee boat
- 8.6 Should an inner distance mark be used no boat may pass between the inner distance mark and the committee boat
- 8.7 Races will be approximately 45 minutes, finishing will be signalled in accordance with shortening rule 32.1 as a boat, generally the leader, approaches mark 2 on the triangle lap or 3P for the sausage lap.

9.0 MARKS

- 9.1 The colour and description of marks to be used are indicated in Appendix 1.
- 9.2 The compass direction to mark 1 will be displayed on the committee boat.

10.0 THE START – The Start marks are described in Appendix 1.

- 10.1 Races will be started by using RRS 26.

Warning	Class Flag	1 Sound	5 minutes before Start
Preparatory	P, I, U or Black Flag	1 Sound	4 minutes before Start
One Minute	Preparatory Flag Removed	1 Long Sound	1 Minute before Start
Starting	Class Flag Removed	1 Sound	at Start

- 10.2 An orange flag will be displayed along with a sound signal at least 5 minutes before the warning signal of the first start of each day, and at least 1 minute before the warning signal of subsequent races.
- 10.3 Starting marks will be the orange flag flying on the committee boat and the starting mark.
- 10.4 An inner limit mark may be laid, but not necessarily on the starting line. If laid, boats shall pass on the starting mark side of this mark when starting.
- 10.5 Boats may not pass between the mark and the committee boat at any time.
- 10.6 A boat starting later than 5 minutes after her starting signal may be scored DNS (Did not start). Without a hearing. This changes RRS A4 and A5.
- 10.7 Recalls – RRS 29.1 and 29.2 will apply

11 CHANGE OF NEXT LEG OF THE COURSE

- 11.1 To change the next leg of the course, the race committee may move the original mark (or the finishing line) to a new position, or lay a new mark (of a different colour) and remove the original mark as soon as practical.
- 11.2 A boat will be positioned close to the mark starting the leg displaying a red or green flag to show whether the mark has moved to port or starboard when viewed on that leg. It will make sound signals to draw attention to the change of course and the flag.

12.0 SHORTENING COURSE

- 12.1 Courses will be shortened in accordance with RRS 32.2
- 12.2 If the course is shortened at the completion of a lap, then the signals will be made on the committee boat and the competitor shall sail directly to the finishing line having rounded or passed the final mark.

13.0 THE FINISH

- 13.1 The Finish marks will be the committee boat flying a blue flag and a boat or buoy flying a blue flag.
- 13.2 A sound signal will only be made for the first boat to finish.

14.0 TIME LIMITS

- 14.1 The time limit for the first boat shall be 60 minutes.
- 14.2 Boats failing to finish within 15 minutes of the first boat will be scored "Did not Finish".
- 14.3 If the first boat fails to reach the first mark of the course within 30 minutes the race will be abandoned
- 14.4 The target time for the first boat is 45 minutes.

15.0 PROTESTS & REQUESTS FOR REDRESS

- 15.1 Protest forms are available from the sailing office at LTSC.
- 15.2 The protest time limit is 30 minutes after the last boat has returned ashore after the last race of the day or 30minutes after flag AP over A is displayed ashore.
- 15.3 Notices will be posted no later than 30 minutes after the protest time limit to inform competitors of hearings in which they are parties or named witnesses.
- 15.4 Breaches of SIs 4.3, 5.1, 10.5, 17, 18, 19, 20 will not be grounds for protest by a boat. This changes RRS 60.1(a). Penalties for these breaches (and breaches of class rules) may be less than DSQ (Disqualification) if the jury so decides.

16.0 SCORING SYSTEM

- 16.1 The default point system - Low Point System of RRS Appendix A will apply.
- 16.2 One race (with at least one lap) is required to be completed to constitute a series.
- 16.3 Any boat completing three races may discard their worst result.

17.0 SAFETY REGULATIONS

- 17.1 Competitors should be aware of times when tide changes and be prepared for changing conditions as the wind, tide, weather and sea state can quickly change in the Solent,
- 17.2 A sign on/off system will be in operation – competitors shall sign off before going afloat and sign on upon returning to shore at the earlier of 15 minutes of coming ashore and the protest time limit. Failure to comply with this requirement will result in a fine penalty of £10 to the Lymington RNL.
- 17.3 Boats returning ashore before the end of the last race of the day should notify the race officer or a safety boat and if this is not practical shall contact the race office as quickly as possible on arrival ashore.
- 17.4 Attention is drawn to RRS Fundamental Rule 1 "Helping those in danger" Boats (racing or otherwise should stand by a capsized or disabled boat unless it is clear that no assistance is required. Redress may be requested. (RR62.1(c))
- 17.5 RRS 40 (Personal Flotation Devices) shall apply at all times while afloat except briefly while changing or adjusting clothing or personal equipment without the need for Flag Y to be displayed. Wet suits and Dry suits are not personal flotation devices.

18.0 TRASH DISPOSAL

RRS 55 is at the discretion of the Race Management Team and may be less than disqualification. As sailors, we seek to protect and restore our oceans and coastal waters. Boats shall not intentionally put trash in the water. Trash may be placed aboard support and officials boats. The penalty for breaking RRS 55 is at the discretion of the Race Management Team and may be less than disqualification.

19.0 RADIO COMMUNICATION

Except in an emergency, a boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction also applies to mobile phones.

20.0 INSURANCE

Their boat shall adequately insured, with cover of at least £2 million or the equivalent per event against third party claims.

21.0 DISCLAIMER OF LIABILITY

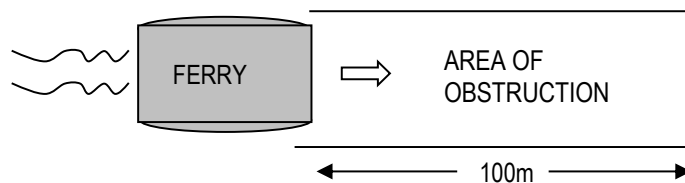
RRS 4 of the Racing Rules of Sailing states: 'The responsibility for a boats decision to participate in a race or to continue racing is hers alone'.

Sailing is by nature an unpredictable sport and therefore inherently involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- (a) They are aware of the inherent element of risk involved in the sport and accept responsibility for exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- (b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- (c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- (d) Their boat is in good order, equipped to sail the event and they are fit to participate;
- (e) The provision of a race management team, patrol boats and other officials and volunteers by the event organiser does not relieve them of their responsibilities;
- (f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can practically be provided in the circumstances.

21.0 AREA OF OBSTRUCTION – FERRY

For the purposes and SI 1.3 an area of obstruction shall extend 100 metres in front of a ferry underway in its direction of motion or intended motion with a width equal to the beam of the ferry.



22.0 ROCK WAVE BARRIERS

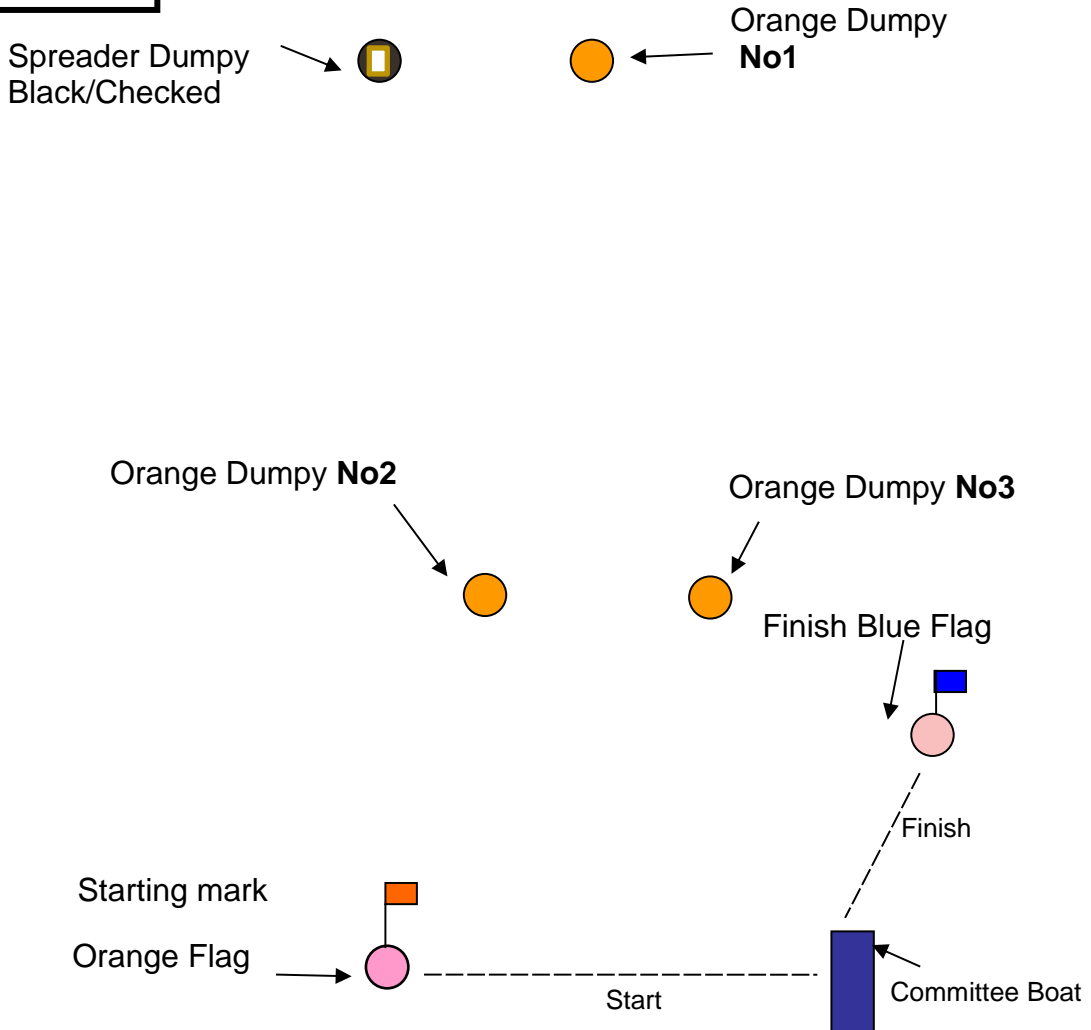
There are two rock wave barriers in the river protecting the marshes. When leaving and returning into the river boats must pass to the east of the barrier and its yellow marks on the western side and to the west of the barrier and its yellow marks on the eastern side.

23.0 PRIZES

Prizes will be awarded for 1st – 3rd overall. Additional prizes may be awarded.

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NOT to SCALE APPROX Positions Positions of marks will be influenced by wind and tide	Course A	LTSC Appendix 1
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Courses (see also notes below)

Start:
1st Lap: 1(p), Spreader Mark(p), 2 or 3,
2nd and any subsequent laps: 1(p), Spreader Mark(p), 2 or 3
Sail direct to Finish line **after** passing between mark 2 & 3 completing the number of laps shown on the committee boat.

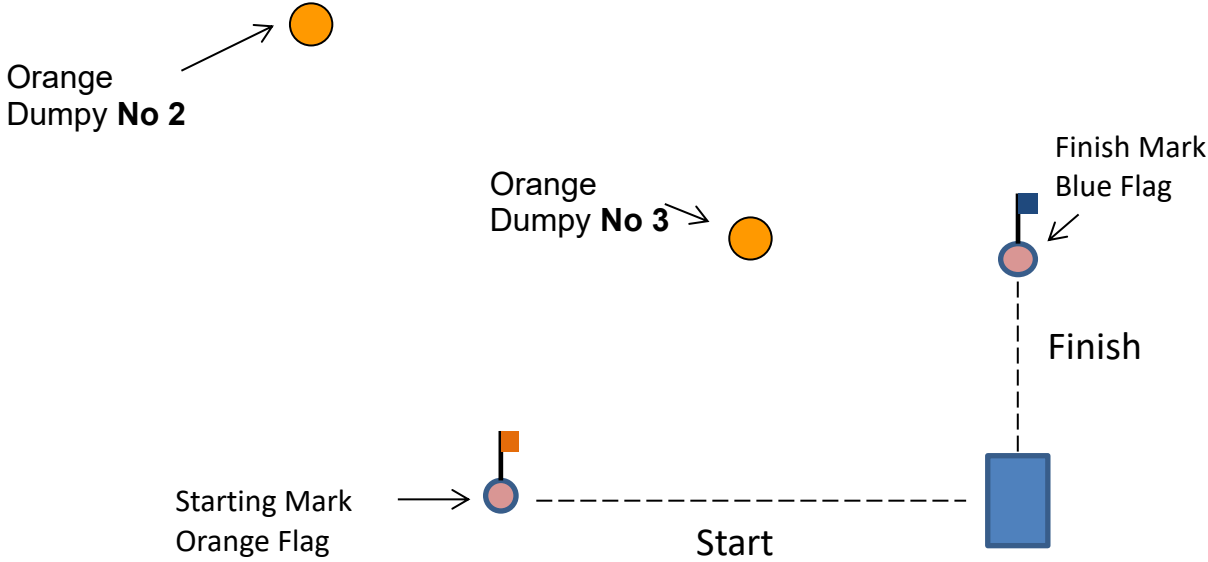
Committee boat will display
Course = A
Number of laps
Rounding S or P
e.g **A4P**

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NOT to SCALE
APPROX Positions
Positions of marks
will be influenced
by wind and tide

Course B
All Marks to Port

LTSC
Appendix 1
(cont)



Courses (see also notes below)

Start:
1st Lap and subsequent odd number laps: 1(p), spreader mark(p), 2(p), 3(p).
2nd and subsequent even no laps: 1(p), spreader mark(p), 3(p),
Sail direct to Finish line **after** rounding/passing mark 3 completing the number of laps shown on the committee boat.


Committee boat will display
Course = B
Number of laps
Rounding eg S or P
e.g **B3P**

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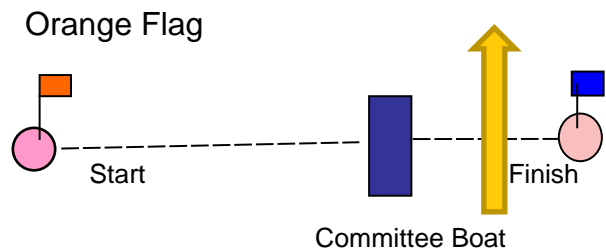
NOT to SCALE
APPROX Positions
Positions of marks
will be influenced
by wind and tide

Course C
All marks to Port

LTSC
Appendix A

 Chequered Dumpy
No2

 Orange Dumpy
No 1



Orange Dumpy **No 3**



Orange Dumpy **No 4**



Courses (see also notes below)

Course P,
Start, **Lap:** 1(p), 2(p), 3(p), 4(p), finish gate
Course S,
Start, **Lap:** 1(s), 2(s), 3(s), 4(s), finish gate

Note: the committee boat will be on the starboard end of the starting line for both course P & course S
For course S, marks 2 & 3 will be swapped to the right of marks 1 & 4

Committee boat will display
Course C
Number of Laps
Rounding = S or P
e.g **C3P**